

The Chailey Approach to Postural Management

24hr Postural Management, Assessment & Levels of Ability

The aim of this course is to develop your understanding of postural impairment and the use of the Chailey Levels of Ability as an effective assessment tool to measure postural ability. This will enable you to develop effective postural management programmes for young people with CP.

The programme will include workshop sessions using assessment tools including the Chailey levels of ability and the GMFCS. You will also explore the evidence base for postural management and learn about the design and use of the Chailey postural management equipment.

You will develop your postural analysis skills to assess postural ability in seating, lying and standing and interpret these findings. This will enable you to utilise effective biomechanical principles to improve postural stability and postural control for young people as they grow and develop. Ensuring that sound postural management principles, provide the background to their activity and participation in their everyday life.

Important components of the day will include:

- Developing your skills of postural analysis
- Understanding and use of the Chailey Levels of Ability for assessing postural ability.
- Assessment and Prescription
- Introduction to the evidence base for postural management.
- The design and practical application of postural management equipment.

The training course includes slide presentations, workshops and practical sessions. The book 'The Chailey Approach to Postural Management' which will be sent to you before the course is essential pre-course reading. We ask that you come prepared to take part in mat work activities etc.

Included in the course:

- Two full days, from 9.30 until 4.30 on both days.
- 'The Chailey Approach to Postural Management' book, second edition
- All course materials and an extensive Delegate Pack, including a CD
- E-learning tool – The Chailey Level of Ability
- Attendance Certificate
- Refreshments and lunch on both days

Please note places are limited so please book early using the enclosed booking form.

We aim to provide the highest quality of training for all participants by ensuring an effective balance and mix of skills and experience on each course. Places are allocated accordingly, taking account of the responses to the questions on the application form.

If you are not allocated a place we will automatically keep you informed of future courses but cannot guarantee you a place.