

The Chailey Approach to Postural Management

Postural Management & Special Seating

This course is aimed at therapists and engineers who want to increase their understanding of postural management for young people with complex postural needs.

It will focus specifically on the seating needs of young people with CP according to the ICF framework, using the GMFCS for children with CP to classify their level of function and need.

If you are responsible for prescribing or maintaining seating for young people at home, or nursery, in school or for outdoor mobility this 2 day course will increase your knowledge and clinical skills of postural assessment and prescription of seating in these different contexts.

The programme will include the use of assessment tools, the evidence base for postural management, and the design and use of the Chailey postural management equipment.

You will develop your postural analysis skills to assess postural ability, and interpret these findings in especially relation to the seated posture. This will enable you to utilise effective biomechanical principles to improve postural stability and postural control for young people as they grow and develop. Ensuring that sound postural management principles, provide the background to their activity and participation in their everyday life.

Important components of the day will include:

- Assessment & Prescription
- Overview of the Chailey Levels of Ability and GMFCS
- Provision of effective support to control postural dysfunction,
- Management of pelvic symmetry and windsweeping,
- Management of hip migration,
- Shaping support to maintain stability through growth and change,

The training course includes slide presentations, workshops and practical sessions. The book 'The Chailey Approach to Postural Management' which will be sent to you before the course is essential pre-course reading. We ask that you come prepared to take part in mat work activities etc.

Included in the course:

- Two full days, from 9.30 until 4.30 on both days.
- 'The Chailey Approach to Postural Management' book, second edition
- All course materials and an extensive Delegate Pack, including a CD
- E-learning tool – The Chailey Level of Ability
- Attendance Certificate
- Refreshments and lunch on both days

Please note places are limited so please book early using the enclosed booking form.

We aim to provide the highest quality of training for all participants by ensuring an effective balance and mix of skills and experience on each course. Places are allocated accordingly, taking account of the responses to the questions on the application form.

If you are not allocated a place we will automatically keep you informed of future courses but cannot guarantee you a place.